



KEYNOTE: THE ORCA EFFECT **ACTIVATE & APPRECIATE THE LEADERSHIP POTENTIAL OF YOUR FEMALE TALENT**

Worried about losing key female staff, especially leaders, and with them, valuable expertise?

Keen to appreciate and develop the leadership potential of all women in your organisation or profession?

This inspiring keynote taps into the wisdom of one of the planet's most intelligent and successful species – the Orca or Killer Whale.

Orcas and humans are the only two species on the planet whose females experience menopause, then live for another 30 years or so. What could be the advantage of this rare evolutionary trait?

Once freed from the responsibilities of creating a family, the post-menopausal females start leading - their accumulated knowledge and wisdom is critical for the survival and success of their pods.

With supportive workplaces, your experienced women can also step into their true authority and help lead your pod.

With a fresh perspective on women's natural cycles, all female staff can discover an untapped leadership potential.

That's the 'ORCA EFFECT®' this keynote offers.

KEY TAKEAWAYS

FOR YOUR ORGANISATION

Cultivate an inclusive pod

Learn how to foster open, respectful conversations about women's health to enhance engagement and break the taboo.

Attract and retain female staff

Discover how easy it is to make your workplace female-friendly, so more women want to work for you and stay with you - just like Orcas, who keep their pods together for life.

Respect nature's intelligence

Menstruation and menopause are not flaws—they're untapped superpowers that can make you a better worker.

Inspire leadership potential

The symbol of the post-menopausal Orca matriarch activates women at all life stages to discover their killer leadership traits and step into their true authority, whatever their formal title.

Equip your entire pod to thrive

Leave with simple ways everyone can harmonise biological rhythms with professional goals, to improve performance and reduce burnout.



THEA O'CONNOR

MOTIVATIONAL WELLBEING SPEAKER

Thea works with organisations that want to appreciate & activate the leadership potential of their female talent.

TEDx Speaker and workplace wellbeing advisor Thea O'Connor has pioneered a range of ground breaking approaches to health and wellbeing in clinical and workplace settings. She has a long standing commitment to supporting women's health so they can flourish in their careers. Thea is known for her inspiring, entertaining and thought -provoking presentations that shift limiting mindsets and motivate change.

Her audiences consistently say she is

"Inspiring"

"Entertaining"

"Professional"

"Natural"



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